

Introduction to Healing Dance

Saturday 3 to Monday May 2025



Introduction to Healing Dance® is a 25 hours weekend course designed for entry level students of aquatic bodywork. The history, principles and applications of Healing Dance are covered on land, as well as terminology, communication, and the anatomy related to support of the head and pelvis. In the water, you will be given a direct experience of Healing Dance through receiving a mini-session. There the fundamentals of aquatic technique are taught, including how to sense the weight and breath of the receiver, knowing where to support, how to traction, how to be grounded in the stances that we stand in and how to bring our partner into flow with weight shifts and traveling steps. A simple practice sequence is learned with a clear beginning and finish that is the perfect preparation for taking Healing Dance I.

You will discover how natural it is to share aquatic bodywork and how it can open a new dimension in relating. A written and photo manual are provided and a DVD and MP4 of the sequence are made available.

The price of the course is €400 including teaching fees, access to the pool and the classroom, teaching materials with video as well as registration in the WABA register.

Classes take place from 9 a.m. to 6:30 p.m.

Accommodation: €40 per night in an individual cabin (€45 with breakfast.)

Or on request in a Lotus tent €30 per night (€35 with breakfast. Balanced meals are organized by us with local products, organic and or vegetarian by a nutritionist chef while retaining €20 per meal. All inclusive for 3 days/2 nights, classes, accommodation and meals €580

Possibility of arriving the day before.

For any further information, please do not hesitate to contact us.

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Beach Camp Temple